# **FATIGUE RISK MANAGEMENT SYSTEM**

The impact of fatigue related incidents cannot be overstated. It can be measured in the devastation of its lost lives and in the countless hours of tax payer funded litigation that follow. The issue itself represents a significant risk to the rail Industry, where it has been a consistent factor in worker related incidents and accidents. Clearly, worker fatigue has had a brutal impact on rail staff, and on the rail industry as a whole. To combat this problem, rail is one of a few industries that actively recognises and manages the fatigue of its workforce. Its life saving rules, soon-to-be compulsory use of HSE Fatigue Index, industry regulation and work safety practices help to reduce the amount of rail worker fatigue.

environment.

Fatigue360 is a software system developed in accordance with the requirements of rail, aligning with industry regulation as well as the HSE Fatigue Index to provide an end to end solution for the sector.

FATIGUE360

# **FATIGUE IN RAIL**

While the current process for managing fatigue within the industry have proven beneficial to the safety and wellbeing of its workforce, no single system has stood out as a reliable fatigue risk management system that is compatible and harmonious with rail's unique



# HOW FATIGUE360 **WORKS**

Fatigue360 has been developed as an end-to-end fatigue risk management and job planning tool, enabling planners and rosterers to monitor the fatigue of the workforce.

This unique system allows a business to plan and manage not only working hours, but also the travel and rest periods around work shifts.

Using Fatigue360 results in an optimally deployed workforce, aligns with corporate responsibility objectives and sends the message to employees that the business cares about their health and wellbeing.



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### FATIGUE360

## **RAIL INDUSTRY FEATURES**

Incorporates Revised Standard NR/L2/ OHS/003 on Fatigue Risk Management, 12/14 hour rules and the HSE Fatigue Calculator

## **COMPETENCY MEASURES**

Store and manage internal competencies and skill requirements with job roles such as sentinel

## CONTRACT MANAGEMENT

Specify unique terms and conditions of rostered staff

Real-time shift and worker planning allows for more accurate rostering





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Staff Name

Fatigue360

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Sat 8 September

16:00

Role

12:00

FATIGUE360

# FATIGUE360 **CAN DO FOR YOU**

Fatigue360 ensures as an employer you are:

- Focusing on employer safety and well-being • Managing the allocation and planning of your
- Proactively mitigating fatigue within your
- Promoting productivity and efficient ways of
- Creating time and cost savings across your
- Preventing accidents involving your workforce Reducing liability on worker related fatigue



For more information on how it could benefit your workforce please contact **sales@macrail.co.uk** or visit **www.macrail.co.uk**